

## October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Menu subject to change.</i></p> <p><i>Breakfast and lunch are served with whole milk for children under 2yrs. of age. Skim milk for children 2yrs and over.</i></p>	<p><i>This facility is an equal opportunity provider.</i></p>				<p><b>1. Kix Banana</b></p> <p>WG Fish Nugget Cole slaw/Gr. Bns Apple/Applesauce</p> <p><b>Teddy Grahams 100% Fruit Juice/ Mix Fruit</b></p>	<p><b>2. BREAKFAST</b></p> <p>LUNCH</p> <p><b>SNACK</b></p>
<p><b>3. BREAKFAST</b></p> <p>LUNCH</p> <p><b>SNACK</b></p>	<p><b>4. Pancake Pineapple</b></p> <p>BBQ Meatballs Mashed Potato WG Bread Peaches</p> <p><b>Milk/Pears Graham Cracker</b></p>	<p><b>5. Cinn. Chex Pears</b></p> <p>Chicken Alfredo Green Beans Fruit Cocktail</p> <p><b>WG Chex Mix Oranges/Cracker</b></p>	<p><b>6. Blueberry Muffin Banana</b></p> <p>Cheesy Bread stick Broccoli Apple/Applesauce</p> <p><b>Milk/Yogurt WG Cheerios</b></p>	<p><b>7. Waffle Tropical Fruit</b></p> <p>Chili Saltine Crackers Oranges</p> <p><b>Yogurt/Banana WG Goldfish</b></p>	<p><b>8. Fr. Mini What Peaches</b></p> <p>Chicken Nuggets Carrots Banana</p> <p><b>WG Cheezit 100% Fruit Juice/ Applesauce</b></p>	<p>9.</p>
<p><b>10. BREAKFAST</b></p> <p>LUNCH</p> <p><b>SNACK</b></p>	<p><b>11. Kix Pineapple</b></p> <p>Grilled Cheese Yogurt Carrots Apple/Applesauce</p> <p><b>WG Chex Mix/cracker Oranges</b></p>	<p><b>12. Waffle Tropical Fruit</b></p> <p>Salisbury Steak Mashed Potato WG Bread Fruit Cocktail</p> <p><b>Milk/Banana Pretzel/animal cr.</b></p>	<p><b>13. Cornflakes Banana</b></p> <p>WG Beef/Bean Burrito Corn Peaches</p> <p><b>Yogurt Rice Cake</b></p>	<p><b>14. WG Pancake Pears</b></p> <p>Cheesy/Chicken &amp;Rice Broccoli Oranges</p> <p><b>Milk/Banana Graham Crackers</b></p>	<p><b>15. Cheerios Fruit Cocktail</b></p> <p>Sloppy Joe WG Bread Banana</p> <p><b>Gripz 100% Fruit Juice/ Pears</b></p>	<p>16.</p>
<p><b>17. BREAKFAST</b></p> <p>LUNCH</p> <p><b>SNACK</b></p>	<p><b>18. Fr. Mini Wheat Pears</b></p> <p>Spanish Rice Green Beans Peaches</p> <p><b>Milk/Yogurt WG Cheerios</b></p>	<p><b>19. WG Pancake Pineapple</b></p> <p>Mac &amp; Cheese Brussel Sprouts Tropical Fruit</p> <p><b>Cheese Hi Ho Crackers</b></p>	<p><b>20. Apple Muffin Banana</b></p> <p>WG Chicken Patty Carrots Oranges</p> <p><b>Milk/Fr. Cocktail Pretzel/cracker</b></p>	<p><b>21. Waffle Fruit Cocktail</b></p> <p>Taco Salad/Corn Tortilla Banana</p> <p><b>Salsa/peaches WG Tostito Chips/ Crackers</b></p>	<p><b>22. Rice Krispies Peaches</b></p> <p>Egg Omelet Broccoli WG Bread Apple/Applesauce</p> <p><b>Animal Crackers 100% Fruit Juice/ Banana</b></p>	<p>23.</p>
<p><b>24. BREAKFAST</b></p> <p>LUNCH</p> <p><b>SNACK</b></p> <p>31.</p>	<p><b>25. Waffle Peaches</b></p> <p>Cheese Pizza Peas Pineapple</p> <p><b>Yogurt WG Chex Mix/cracker</b></p>	<p><b>26. Cheerios Tropical Fruit</b></p> <p>Turkey WG Bread Broccoli Apple/Applesauce</p> <p><b>Milk/Pears Graham Crackers</b></p>	<p><b>27. WG Kix Banana</b></p> <p>Chicken &amp; Noodle casserole Mixed Vegetable Pears</p> <p><b>Cottage Cheese Pineapple</b></p>	<p><b>28. Pancake Fruit Cocktail</b></p> <p>Swedish Meatball Mashed Potato WG Bread Oranges</p> <p><b>Milk/Yogurt WG Goldfish</b></p>	<p><b>29. Cornflakes Pears</b></p> <p>Hamburger WG Bread Carrots Banana</p> <p><b>WG Cheezit 100% Fruit Juice/Mix Fruit</b></p>	<p>30.</p>